

# Multidimensional Assessment

## What is Multidimensional Assessment?

Multidimensional assessment is a systematic assessment of a patient's symptoms and comorbidities

Multidimensional assessment enables the recognition of the different dimensions of a patient's symptom expression, and can assist in the planning of care

Structured assessment tools allow for a more comprehensive symptom assessment than simple unstructured evaluations

## What Multidimensional Assessment provides?

Confirm diagnosis  
Assess for alternate diagnosis

Identify comorbidities  
Identify candidates for targeted treatments

Identifies skills deficits and behavioural risk factors that need attention



## Why do we need multidimensional assessment?

People with respiratory diseases are heterogeneous in terms of their disease expression and presentation

Multidimensional Assessments allows us to determine what Treatable Traits a person has and guides treatment for those traits

Multidimensional Assessment and associated Targeted Treatment improves disease control and quality of life

